

# Outreach clinic for people from Ukraine

**EQUITA** civic association, in cooperation with the **F.D.R.** Hospital in Banská Bystrica and the organization **Doctors of the World,** coordinates a multidisciplinary team of health professionals and psychologists to visit communities and families from Ukraine who are facing impaired access to health care. This service is **free of charge** and provided by licensed professionals. The team includes **Ukrainian-speaking** staff and an interpreter.

The team has the capacity to provide **information** on health services, medical examinations at the level **of general practitioner and pediatrician**, prescribe and provide **medicines**, issue **health certificates** for employment and school, send for further **examinations** and arrange appointments and transport for examinations by **specialists**. An expert in the field of mental health will evaluate the **psychosocial situation** of the people in the community and provide or arrange for further support.

The outreach clinic works closely with field social workers, NGO workers and local governments who inquire about the services provided in the Ukrainian communities that fall within their area of activities or responsibilities.

Contact us if you support a community in which

- There are people and families who have health problems but do not seek or access medical help
- People need certificates for the schools or employment
- Children need vaccinations
- You perceive the need to support the mental health of its members
- You register potential spread of an infectious disease (diarrhea, respiratory, skin, other) without the possibility to reach local providers
- People need information and health promotion
- There are other important needs affecting health and well-being

Who to contact:



**Email** the coordinator Ing. Zdenka Lazova at zdenka.lazova@equita.sk or **call** +421 948 339 647. Ukrainian language is welcome.

#### What information to prepare:

- Addresses of individual families / communities
- Brief description of the community and support needs (number of adults and children, reported or observed health needs, confirmations, mental health, etc.)
- Number of residents applying for the service (estimated and/or registered)
- Contact person of the community support organization

### Next steps:

- 1. The coordinator will consult with you on the situation
- 2. If necessary, she validates the team's visit
- 3. You will set up a date, agree on the premises of the medical appointments
- 4. Discuss the need for an awareness and information campaign tailored to the community needs
- 5. You will agree on how to cooperate and support your organization

# We look forward to working with you!

### FAQ

# How long does it take to prepare a visit in my community?

The preparation time depends on the circumstances, especially the situation in the community and the organizational possibilities. On average, you can expect 1 week.

# Will the Outreach Clinic also treat Slovaks and people from other countries?

Yes, the team also offers services for local vulnerable groups.



## Can survivors of sexual or domestic violence be helped here?

The clinic can provide medical and psychological assistance to survivors of violence with respect to the wishes of patients.

# How much will I pay for the treatment?

The team's services are free of charge and support in access to medicines and medical devices is evaluated individually.

## Will I gain access to medicines and medical devices (wheelchair, glasses, etc.)?

Yes, your doctor can provide you with the prescription you need.

### Can I be tested or have blood analyses done?

Yes, the clinic's capacity includes the necessary testing and blood and urine samples, including laboratory analysis and follow-up medical consultation.

#### Do I need any documents?

You need any proof of identity to register with the healthcare system.

### If I accept these services, will I be registered also in a formal health care system?

Yes, you will be registered as a patient at F.D.R. Hospital in Banská Bystrica. You will also be issued a medical report on site.

### If I accept the service, does that mean I am already a permanent patient of the Outreach Clinic?

You will be a patient of the doctor who will conduct the consultation. However, this does not bind you and you can sign up for any healthcare provider.

## Will I be able to be referred to a local specialist this way?

The Outreach team will try to facilitate a specialist visit as close as possible to your place of stay.

## Will the Outreach Clinic return to my community or is the visit one-time?

The outpatient clinic will visit based on an assessment of the needs in the community, which means that it can return repeatedly.